



ACCOMMODATION

SANTHIKU HOTEL & SPA

(JL. A.A. Panji Tisna, Kaliaem)

Breakfast, Free Wi-Fi, Free Tea & Coffee All Day, Hot Water, AC. Lounge Pool, , Restaurant, SPA center. Free Foot Massage, 600 m from the beach and main road, 800 m from the center of Lovina.





FUNKYPLACE CAMP

(JL. Seririt-Singaraja, Kaliasem)

Breakfast, Free Wi-Fi, Free Tea & Coffee All Day, Hot Water, AC, Lounge Pool, Free Foot Massage, directly on the beach, directly on the main road, directly in the center of Lovina, cafe, spa & massage, BBQ facilities, tree house, bon fire.

LOVINA CENTRAL HOSTEL

(JL. Binaria, central Lovina Beach)

Breakfast is optional, Free Wi-Fi, Free Tea & Coffee All Day, Free Foot Massage, 50 m from the beach, 100 m from main road, directly in the center of Lovina, Cafe, SPA on side, Swimming Pool.





BINARIA MUSEUM HOTEL

(JL. Binaria, central Lovina Beach)

Breakfast, Free Wi-Fi, Free Tea & Coffee All Day, Hot Water, AC, Swimming Pool, Restaurant, SPA, Free Foot Massage, 50 m from the beach and main road, directly in the center of Lovina,.

LOVINA LOCA BNB

(JL. Mas Lovina, Kalibukbuk)

Breakfast is optional, Free Wi-Fi, Free Tea & Coffee All Day, Hot Water, AC, Free Foot Massage, 100 m from the beach and the center of Lovina, Restaurant, SPA, Yoga Shala, Swimming Pool.





+ BALINESE RELAX MASSAGE

Back & shoulder massage 30 min	IDR 100,000
Feet & Legs massage 30 min	IDR 100,000
Head & face massage 30 min	IDR 100,000
Full body massage 1 hour	IDR 200,000
Full body massage with Essential oils 1 hour	IDR 250,000
Full body massage 1,5 hours	IDR 300,000
Hot stone massage 1,5 hours	IDR 400,000
Complement: foot bath with sea salt & flower, facial	

+ BODY TREATMENTS +

Full body scrub 45 min IDR 200,000

Herbal, Coconut, Green tea

massage with cream aura

Boreh traditional Balinese body treatment IDR 300,000 1,5 hours in combination with full body relax massage

+ HEALING +

Manual therapy healing massage 1,5 hours	IDR 1000,000
Lomi-lomi massage 1 hour	IDR 250,000
Shiatsu massage 1 hour	IDR 250,000
Foot Reflexology 30 min	IDR 150,000
Sound Healing Massage 1 hour	IDR 2,100,000
Tuning Fork Therapy 1 hour	IDR 2,100,000
Sound Healing + Tuning Fork 1,5 hours	IDR 3,000,000



BOOK +62 857 9260 7168



Aloevera Mask ½ side IDR 75,000

Flower/ Herbal bath IDR 150,000

Hair Mask IDR 150,000

Pedicure without/with polish IDR 150,000/200,000

Manicure without/with polish IDR 150,000/250,000



FACIAL TREATMENT PACKAGE

Cleansing with organic lotion
deep cleansing and vitalizing with carrot scrub;
facial massage with cocoa butter;
moisturizing and smoothing with cream Aura

FOOT TREATMENT PACKAGE

Foot bath with Bali sea salt, clay mask Herbal scrub for legs, feet reflexology&legs massage

COCONUT PARADISE TREATMENT

Full body massage with VCO, full body coconut scrub, Coconut facial mask, bathing with coconut milk

DETOX PACKAGE

Foot bath with herbs and sea salt, clay mask for feet & Legs, full body herbal scrub, full body honey massage, Herbal bath

KING & QUEEN TREATMENT

Foot bath with herbs and sea salt, clay mask for feet & Legs, full body scrub, full body massage, Facial & hair treatment, flower bath. 2,5 hour IDR 200,000 45 minutes

IDR 250,000

1 hour

IDR 400,000

2 hour

IDR 450,000

2 hour

IDR 700,000 1 person

IDR 1,250,000 couple

SPECIAL DINNER

(PREORDER 1 DAY IN ADVANCE)

Would you like to experience a traditional way of eating and try local food? Order your special dinner in advance!



NASI KUNING

IDR 150,000 / pax

(min order for 2 people)

Yellow rice, chicken, corn filters, vegetables, sweet tempe, sambal



BABI GULING

IDR 250,000 / pax

(min order for 2 people)

Suckling pig, vegetables, lemongrass sauce, rice



RIJSTTAFEL

IDR 150,000 / pax

(min order for 2 people)

6 corses of traditional Balinese food: soup, salad, snacks, chicken / fish / vegetarian sauces, rice, dessert



BUFFET

IDR 150,000 / pax

(min order for 6 people)

Eat as much as you want - full table of different traditional Balinese food



BBQ MEGIBUNG IDR 150,000 / pax

(min order for 2 people)

Traditional Balinese soup, salad, snacks, sauces, grilled fish / chicken / vegetables - served on banana leaf.

COOKING CLASSES

Imvestigate art of cooking! During the class you will learn how to cook Balinese sambal and herbal drinks Jamu, traditional way of cooking chicken, fish, vegetables, and yummy desserts. Enjoy meals cooked by yourself and bring home recipes to regale your family and friends.

PACKAGE PRICE

One Person IDR 300,000
Two people IDR 500,000
Three people IDR 700,000
Four people IDR 800,000

- Package includes 6 meals on your choice, one meal from each section.
- Price for two-four people package is given for the same menu choice.
- In case each person chooses different meals, he will be charge as one person package.
- Time frame to start your cooking class: 12.00 - 17.00.

1. SOUP

Tom Yum Kung Roasted Tomato Cream Soup Soto Ayam / Vegetarian Vegetarian Curry Soup

4. DESSERT

Kolek (bananas, brown sugar, coconut milk)
Dadar (vegan pancakes)
Fried Bananas
Pisang Rai (bananas boiled in rice flour)

2. STARTER

Guacamole (seasonal)
Bergedel Corn / Potato
Gado-gado
Tofu isi (tofu stuffed with vegetables)

5. JAMU

Jamu Jokowi Jamu Kunyit Asam Jamu Kakap Isen

3. MAIN COURSE

Chicken cooked in basil leaf
Chicken / Fish / Tofu in sweet-sour sauce
Chicken Cordon Bleu
Fish / Corn / Tofu pepes
(grilled in banana leaf with spices)
Chicken / Beef Rendang
(stew in coconut milk, herbs & sauce)
Chicken in Curry Sauce

6. SAMBAL

Sambal Tomat Sambal Sere (lemongrass) Sambal Matah (onion)

CULTURAL ACTIVITIES

AT SANTHIKA RETREAT CENTER
JL. KAMBOJA, KALIASEM





Welcome to Bali, to the last place on the Earth that still conjures images of mystiques, beauty, peace, and goodwill, with its unique way of living in this modern age. You are welcome to join our cultural activities at Santhika Dream Hill Retreat Center, where we are happy to introduce the ancient traditions of our culture.











- Offering Workshop
- Cooking Class
- Traditional BBQ On The Beach
- Balinese Dance Performance
- Fullmoon Ceremony

Thursday, 8 pm Tuesday, 5 pm Saturday, 7.30 pm Sunday, 8 pm Fullmoon, 5 pm 150,000 IDT 150,000 IDR 150,000 IDR 150,000 IDR DONATION

YOGA & MEDITATION

AT SANTHIKA RETREAT CENTER JL. KAMBOJA, KALIASEM



HATHA YOGA

Every day at 8 am

IDR 200,000

MEDITATION

Monday, Wednesday, Thursday, Friday, Saturday, Sunday at 5 pm

IDR 200,000



www.santhikaretreatcenter.com

SELF-AWARENESS ACTIVITIES

The world is constantly changing, and these shifts can deeply impact your mental, emotional, and physical well-being. If you've been feeling stressed, overwhelmed, or stuck in the past, now is the perfect time to take control of your life. At Santhika Retreat Center, we offer a variety of self-awareness and healing activities designed to help you reconnect with yourself, find inner balance, and embrace a positive transformation. Your journey to self-discovery and healing begins here!











- Leela Game
- Osho Tarot Cards Reading
- Points Of You Cards
- Sound Healing
- Acutonics

Wednesday, 10.30 am Personal appointment Personal appointment Personal appointment Personal appointment IDR 2,100,000 IDR 1.600.000 IDR 1.600.000 IDR 2.100.000 IDR 2.100.000







Dive into the vibrant world marine life of Menjangan Island, one of Indonesia's most breathtaking snorkeling and diving destinations. As protected of a national park, this island offers crystal-clear waters over 100 unique species of corals, providing a sanctuary for diverse marine creatures. Swim alongside colorful fish, sea stars, and. if you're fortunate, spot turtles and sharks. Menjangan Island's untouched beauty and serene atmosphere make it must-visit a destination for ocean looking lovers experience an underwater paradise far from crowds.

PRICE (MINIMUM 2 PEOPLE)
SNORKELING IDR 750,000
DIVING IDR 1,350,000
INTRO DIVING IDR 1,500,000

Escape the tourist crowds enjoy tranquil Dolphins Tour like no other. Starting at 7 am, after most boats have returned, you'll experience an intimate with Bali's encounter dolphins without the rush. you Relax as enjoy breakfast on the sway in hammocks, and take a refreshing swim in the open waters. Snorkel in the dolphins' area and explore vibrant coral reefs on the way back. This exclusive half-day adventure combines comfort, nature, and breathtaking marine life, offering a peaceful and unforgettable experience that few get to enjoy.

IDR 400,000

Discover the magical underwater world after dark with our Night Snorkeling Tour. As the sun witness sets. the transformation Bali's of marine life, with nocturnal creatures emerging in the glow of your underwater This light. unique experience offers a serene, otherworldly view of the coral reef, allowing you to explore its hidden wonders under the cover of night. Watch the reef come alive you swim among bioluminescent glowing plankton and nocturnal fish, providing a truly oneof-a-kind adventure that connects you with the ocean in a completely new way.

IDR 250,000







Discover Bali's famous Tulamben Shipwreck, World War I cargo vessel, now home to hundreds of marine species. Dive alongside barracuda, pygmy seahorses, giant grouper, and more. Whether you dive by day or night, this iconic wreck offers a thrilling and unforgettable underwater experience.

For those looking to stay local, Lovina Reef offers the perfect diving experience without the need to travel far. With both deep and shallow water dive sites, this reef is suitable for divers of all levels. Explore areas where coral restoration projects are underway, featuring metal statues, structures, nurseries placed the underwater by government to help regenerate the reef. Dive into a blend of natural beauty and conservation efforts right here in Lovina.

Discover Bali's western coastline with the Pemuteran Tour, Snorkel at Pemuteran Beach and explore the impressive bio rock coral restoration project. Visit a local turtle farm and learn about conservation efforts.

Along the way, stop at the Pulaki Temple with its monkeys, the Turtle Temple, and a serene Cave Temple. A perfect mix of snorkeling, wildlife, and cultural exploration.

PRICE (MINIMUM 2 PEOPLE)

SNORKELING IDR 450,000 DIVING IDR 1,125,000 INTRO DIVING IDR 1,350,000 SNORKELING IDR 250,000
DIVING IDR 900,000
INTRO DIVING X2 IDR 1,125,000
INTRO DIVING X1 IDR 900,000
NIGHT DIVING X1 IDR 750,000

IDR 600,000







Journey to the sacred Holy Santhipala Waterfall, a place known for its healing spiritual energy and Many retreats. spiritual leaders have meditated here, and now we invite you to experience its powerful energy. You'll participate in a special 7 Cleansing Chakras Purification Ceremony and meditation by waterfall. Afterward, enjoy a peaceful stop at an organic farm for lunch, surrounded by nature.

Discover the beauty and culture of North Bali on this immersive day trip. Begin with a trek to the stunning Git-Git Waterfall, followed by a visit to the iconic Ulun Danu Temple at Beratan Lake. Explore the vast Botanical Garden, Indonesia's largest, featuring rare tropical plants. Along the way, visit traditional fruit and flower markets. Munduk's coffee plantations, and enjoy breathtaking views of the Twin Lakes. End your journey at an ancient village where locals still practice traditional handicrafts.

IDR 800,000 / PERSON MINIMUM 2 PEOPLE

Embark on a full-day trekking adventure through the lush rainforests and vibrant rice terraces of North Bali. This tour takes you to the breathtaking Fiji and Sekumpul Waterfalls, two of the island's most stunning natural wonders. Starting at Lemukih Village, you'll trek through rice fields and along a river, surrounded by unspoiled nature. From a hilltop viewpoint, take panoramic views of all three Fiji Waterfalls. This unique trek offers a rare chance to immerse yourself in Bali's traditional culture and awe-inspiring landscapes.

IDR 800,000 / PERSON EVERY TUESDAY

IDR 800,000 / PERSON MINIMUM 2 PEOPLE







Discover the hidden beauty of North Bali with the Secret Garden Trekking Tour. Explore the lush green hills between Sambangan and Ambengan villages, visiting stunning waterfalls including Blue Lagoon, Aling-Aling, Kroya, and Pucuk. Along the way, enjoy thrilling activities like sliding, jumping, and swimming, or simply soak the breathtaking in surroundings. This offers adventure an blend unforgettable of excitement and natural beauty.

Explore the peaceful Banjar Village, located just 8 km from Lovina, and discover its famous Holy Springs. These volcanic sulphuric hot springs, with a pleasant temperature of 37°C, are ideal for relaxation and for easing rheumatic ailments. The healing waters flow from the mouths of eight dragon-like stone carvings into an inviting pool, perfect for a rejuvenating soak.

Nearby, visit the largest Buddhist monastery in Bali, Brahmavihara Arama. This serene and beautiful site offers a tranquil setting for meditation, making it a perfect escape for those seeking peace and spiritual reflection.

IDR 300,000

Mount Batur is one of Bali's sacred mountains, revered in Hindu culture. This tour offers the unforgettable experience of trekking to the summit to witness a spectacular sunrise. The trek begins early in the morning and takes about 2 hours to reach the sunrise viewpoint, where vou'll enjoy breakfast with breathtaking views.

After completing the trek, unwind with a visit to the Hot Springs, offering a soothing and relaxing way to rejuvenate after your climb. This tour combines adventure, culture, and relaxation for a perfect Bali experience.

IDR 800,000

PRICE (MINIMUM 2 PEOPLE)

IDR 1,000,000 / PERSON







Towering over 2,000 meters, Mount Agung is spiritually significant to the Balinese and home to the Mother Temple of Besakih, which you'll visit after the trek.

This challenging climb, known as the "royal" trek of Bali, requires higher fitness and mental discipline than Mount Batur, but the reward is breathtakina views deeply and a fulfilling adventure.

Embark on an advanced trekking adventure to the Ijen Crater in East Java. This trek requires good physical fitness, with a 60-90 minute hike to the crater rim at 2,300 meters elevation. For those seeking an challenge, a 30-minute descent takes you to the crater's edge, where you can witness the sulfur mining operation and the world's largest acidic crater lake. At night, marvel at the rare blue flame phenomenon as escapes through cracks in the crater-an unforgettable sight.

Though not the Mount Bromo is one of Indonesia's most iconic and visited active volcanoes. This trip offers a bucket-list adventure where you can peer into an active volcano and take in breathtaking landscape views. minimal hiking effort, this tour combines the thrill of volcanic exploration with the beauty of East Java's stunning scenery, making it a must-do for adventure seekers.

PRICE (MINIMUM 2 PEOPLE)

IDR 1,3000.000 / PERSON

PRICE (MINIMUM 2 PEOPLE)

IDR 1.500.000 / PERSON

PRICE (MINIMUM 2 PEOPLE)

IDR 3.500.000 / PERSON

PLACES FOR EATING & DRINKING

RECOMMENDED

BINARIA MUSEUM CAFE Jl. Binaria, Anturan, Lovina











FUNKYPLACE CAFE

Jl. Seririt-Singaraja, Lovina











FUNKY BEACH BAR

Jl. Seririt–Singaraja, Lovina











